

Having trouble viewing this email? [Click here](#)

You're receiving this email because of your involvement with families and/or your relationship with Family Service Society, Inc.. Please [confirm](#) your continued interest in receiving email from us.

You may [unsubscribe](#) if you no longer wish to receive our emails.

FAMILY CONVERSATIONS



Family Service Society, Inc.

July 2011

Dear Kelly,

I think we can safely say that summer is finally here. With the celebration of the founding of this great country not far from our memories, we now focus our thoughts on keeping cool, finding water, and enjoying the great weather!

In keeping with the concept of freedom and liberty, the 40 Developmental Assets are still applicable. Asset # 37- Personal Power, though an internal asset is something we can encourage and work to see developed in the youth around us. There are many children out there who have had, sometimes terrible things happen to them and around them. Many times we as people can feel out of control. But developing the asset of Personal Power can be a vital skill that will help us get any get through anything. Developing the ability to know that they have the freedom to control their lives, think for themselves, and make the positive choices that are readily available to them, will help them find success wherever they go.

The 40 Developmental Assets are intended to be a way for us to be reminded that every child has assets and how important it is for us to acknowledge that and develop those assets in the youth around us. Our youth are our future and if they or we do not believe they have something valuable to add, then we will all be impacted. For more information, go to the Quick Links and click on 40 Developmental Assets.

Overcoming Past Trauma

In This Issue

Overcoming Trauma
Community Gardens
Summer Cradle School

Quote



Over the last couple months, Ed Pereira, Clinical Director here at Family Service, presented several seminars about overcoming child abuse trauma. This is not an easy task to accomplish, it often takes many years, and a lot of personal struggle to get through the emotions and thoughts surrounding the experience a person has.

However, as Ed shared, it is possible and the trauma does not have to last forever. Regaining one's self-esteem and personal power over their past is an important step towards personal success and happiness. Here at Family Service Society, we have therapists who are highly skilled and qualified to help you, your child, or someone you know, to deal with those pains and traumas and help guide you to a better place in your personal life. If you want to find out more information or would like to schedule a session, please call 662-9971 or visit our [website](#).

I Can Grow Vegetables?



There are people in Marion who are discovering their personal power through the medium of gardening. Family Service Society, Marion Public Library, and numerous other entities have worked together along with the residents of the 7th & Boots Street neighborhood to develop a community garden.

Local residents and those outside the neighborhood have their own garden plots on Boots Street across the street from the library. Plot owners are growing tomatoes, peppers, zucchini, beans, cabbage, broccoli, herbs, and much more. Plot owners and volunteers have also been working together on community plots from which produce will be sold to maintain and improve the



"Nothing is more difficult, and therefore more precious, than to be able to decide."

--Napoleon Bonaparte

Quick Links

Family Service Website
Healthy Families
Cradle School
Baby & Me
Indiana Youth Institute
40 Developmental Assets

Investment

Family Service Society is committed to serving Grant County and its neighboring communities as the preferred catalyst for individual, family and community enrichment to meet current and emerging needs.

If you would like someone to meet with you or to arrange for someone to speak with your group, please call our office, 765-662-9971.

Your investment of time, talent or treasure make it possible for program sustainability. A shared investment is necessary to build a healthy community.

To learn more about how [you can become a stakeholder](#) please visit our website or call our office.

Your gifts may be tax deductible. FSSI has a fund established within both the Community Foundation of Grant County and the Community Foundation of Wabash County as well.

Thank you!

Family Service Society and its services are funded in part by

garden for future growing seasons or given to those in need of fresh, quality, healthy food.

If you want to help this and/or other community gardens in existence or want to start a community garden in your neighborhood, contact Robert Ayres at 662-9971, ext. 113. Also visit Marion Community Gardens Association on [Facebook](#).

the United Way of Grant County
and the United Fund of Wabash
County.

[Join Our Mailing List!](#)



Summer Cradle School

Are you looking for something for you and your toddler or infant to do this summer...or know someone who is? Why not check out Summer Cradle School. Cradle School is a free program for parents and their children (age 5 & under) to learn, play, and grow together. The summer program is an 8-week adventure. During this time there will be learning about various things in the community, learning about parenting, spending time with your child, and getting to know other parents with similar experiences and struggles. For the summer schedule and more information click [here](#).

In Closing...

As the quote above by Napoleon Bonaparte said, personal power, the ability to think and do things for yourself, although at times can be difficult is very precious. Help develop this asset in the young people around you. Let them know they have control over their lives and they do have a choice in what direction their lives take.

Thank you for your continued care and concern for children and families of Grant County! Have a great month and be safe!

From your Family Service Society Team

Contact Information

Robert J. Ayres, MSW
Special Projects Coordinator
765-662-9971 ext. 113

[Forward email](#)



Try it FREE today.

This email was sent to kturner@famsservices.com by rayres@famsservices.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Family Service Society, Inc. | 101 S. Washington St. | Marion | IN | 46952